

COBURG 24 HOUR EVENT, 21-22 APRIL 2007

SUMMARY OF ENTRIES AS AT 29/03/2007

	NAME	DATE ENTERED	EVENT	PERSONAL INFO
1	COX, Catherine	20/11/2006	24H Walk	Has been getting a bit of tuition from the SA based centurions and is jumping in at the deep end and doing the 24 Hour walk in what is her first ever ultra competition.
2	JORDAN, Steve	04/01/2007	12H Walk	First time competitor in 2005 when he won the 6 Hour Walk with 43.6 km. He was back again in 2006 to come 2 nd with an improved distance of 44.12 km. This year he is upping the distance and has entered the 12H walk.
3	COMMINS, Louis	12/02/2006	24H Walk	Competed in his first ultra at Coburg last year, finishing 7 th in the 24H Walk with 131.517 km. His gutsy effort earned him the Gordon Burrowes Trophy for the most meritorious performance of the carnival. He is back again this year and hoping to improve on that first effort.
4	EARLE, Lee	15/01/2007	24H Run	In what was a very good first up ultra effort, Lee completed 65 km in the 12 Hour run last year. This year she has set her sights even higher and has entered the 24H run.
5	COOK, Kim	22/01/2007	24H Run	Kim ran 106.4km in this year's Gosford 12 Hour run and also completed the GNW Trail run last year (167 km in 34 hours 22 mins) so has some good ultra credentials already. He looks well prepared to perform well at Coburg.
6	SKRUCANY, Rudolf	21/01/2007	24H Walk	Rudolf completed 86 km in his first ultra at Coburg last year before the legs packed up. He has been honing his walking skills over the intervening year and is back again to retest himself in the 24H walk. With last year's experience behind him, we can expect a much longer total distance this year.
7	JACKSON, Ross	31/01/2007	12H Walk	Ross completed the 100 k walk in the 2000 Australian Centurion event in an excellent time of 13:21:30. He returned last year and completed the 12 Hour Walk and has entered this event once again.
8	JONES, David	01/02/2007	12H Run	Participated in the 24H event in 2003 and 2004 and did the 6 hour run in 2005. Has a best 24 distance of a very respectable 166 km. It is good to see him back doing the 12 hour run this year.
9	BROWN, Sue	05/02/2007	6H Run A	Sue finished 2 nd with 49.385km in her first ever 6 Hour Run last year and is back again this year for another outing.
10	MARSH, Trevor	08/02/2007	24H Run	Completed in the 6 hour event in 2003 and then moved up to the 24 hour event in 2004 and won the Gordon Burrowes Trophy for his gutsy performance in covering 125.8 km for 10 th place. He also completed the Colac 6 day championship in November 2004 with a distance of 556 km. Improved to run 162.8 km at Coburg in 2005 and competed again last year. Has developed rapidly into a very good ultra distance runner.
11	BENNETTS, Karen	08/02/2007	6H Run A	Karen completed 42.72 km in the 6 Hour event last year in her first and only ultra. She enjoyed it so much that she is back again this year for more of the same.
12	McPHEE, Jevvan	12/02/2007	24H Run	Very accomplished ultra runner with bests of 2:42 for marathon, 72 km for 6 hours, 122 km for 12 hours and 100 km in 9 hours. Will make a mark this year over the 24 Hour distance.
13	MATCHETT, Ken	13/02/2007	24H Run	Ken will undoubtedly be our oldest competitor once again. He completed 121 km last year at 84 years of age. This unstoppable World and Australian multiple Age Group record holder enters the M85 category this year and is sure to set yet more records.
14	FRYER, Martin	16/02/2007	24H Run	We are very excited to have Martin Fryer competing this year. Martin won the 2006 Australian 48 Hour championship with 346.166 km. He has a best of 121 km in 12 hours and 233 km in 24 hours and will be hard to beat at Coburg.
15	HARTLEY, Ernie	20/02/2007	12H Run	Came third in the 2005 12 Hour run with 86 km and won the 2006 12 Hour run with 83 km. Is back this year to defend his title.
	PEARSON, John WITHDREW, 11/03	20/02/2007	24H Run	A first time Coburg entrant but an accomplished ultra runner with bests of 120.9 km in 12 hours (in this year's Gosford 12 Hour event) and 184.9 km in 24 hours (August 2006 in Adelaide). Should feature in the medals.
16	WEBBER, Bruce	20/02/2007	24H	Has walked 48 km in 6 hours, 87.5 km in 12 hours and 140 km

			Walk	in 24 hours so will be a good show for breaching the elusive 100 mile walking barrier.
17	HAIN, Geoff	20/02/2007	24H Walk	Geoff became Australian Centurion 49 in October 2004 and then proceeded to complete 5 centurion qualifiers on the trot in a period of less than 2 years. He won the male 24H walk in our Coburg event in 2005 and came 3 rd in 2006. Last year he became British Centurion number 1051 and he is also a New Zealand Centurion. This is a new career for Geoff who was an accomplished ultra runner for many years before making the switch.
18	BOYCE, Robert	22/02/2007	24H Run	Robert came 2 nd in last year's Coburg 24H run with a very impressive inaugural time of 170.587 km. He took 4 th in the 2006 Australian 48 Hour championship with 239.2 km in August and then came 4 th in the 2006 Australian 24 Hour championship in hot conditions with 171.9 km, a PB. He looks ready for a big run in Coburg.
19	CARTER, Ken	24/02/2007	12H Walk	This Coburg athlete is a regular competitor in the 12 Hour Walk, coming 2 nd in 2004, winning in 2005 and coming 3 rd in 2006.
20	CHOMYN, Sharon	28/02/2007	24H Walk	In her first real ultra, Sharon won the 12H Walk last year with a very good 82.814 km. She also completed 100 km walking in 15:21:37 at the Sri Shinmoy 24H later in the year. This year she will be a serious contender in the 24H Walk.
21	EVERY, Paul	01/03/2007	24H Run	Paul has been one of our top ultra runners for a number of years. He has a best marathon time of 2:49, has run 50 miles in 6:13, 123 km in 12 hours (1999) and 206 km in 24 hours (1999) and is yet another quality entrant in a star studded 24H Run field.
22	LOLAIT, Lawrie	06/03/2007	24H Run	Although this will be Lawrie's first official ultra event, he was in training for the 2006 Colac 6 Day event before it was cancelled so he is a serious starter. We wish him every success as he explores new territory!
23	GRAY, Peter	08/03/2007	24H Run	This will be Peter's 20 th consecutive Coburg 24H appearance and he has finished every one. In fact, this will be his 46 th 24 hour race and his 200 th ultra marathon. With a best of 230 km in 24 hours, set in our 1991 event and a record as the youngest ever Westfield Sydney-Melbourne finisher, Peter is a legend in the field of Australian ultra running.
24	BROOKS, Colin	08/03/2007	12H Run	Colin came 5 th in the 2006 Sri Chinmoy Australian 24 Hour championship with a fine 166.017 km and has a best of 59.4 km in 6 hours. He will provide a touch of class to our 12 Hour Run field.
25	SKINNER, Deryck	08/03/2007	24H Walk	Deryck became Australian Centurion 51 with an astonishing walk in the 2005 Sri Chinmoy. Aged 72 years, he completed the 100 miles walk in 22:39:55 to set a whole swag of new Australian M70 running and walking records. Over the next 12 months he took his total number of centurion qualifiers up to 4 and walked an unbelievable 257.877 to finish 3 rd overall in the Australian 48 Hour championship (as a walker) and set new Australian 48H M70 run/walk records – at 73 years of age!.
26	WISE, Garry	13/03/2007	24H Run	Gary ran 10:52 for the 100 km in 2005 and then upped the ante and ran his first 24 Hour event at Coburg last year, winning the event with a great 185.818 km. He is back this year to defend his title.
27	WHYTE, Robin	14/03/2007	6H Walk A	Robin is a three times Australian centurion (1996, 1999, 2000) and a holder of a whole swathe of age group walking records. Has walked the 100 miles in 20:37:12. Is content nowadays to stroll the shorter distance events and will look to repeat his win of last year in the 6 Hour walk event.
28	CHESTERTON, Val	14/03/2007	12H Walk	Val holds a number of Australian Masters records, the most recent being her fine 73.3 km in the Gosford 12 Hour event in January of this year. She will be out to break her W65 records at Coburg and must be rated a good chance.
39	FISHER, Pat	14/03/2007	24H Walk	Pat walked 87.8 km in the Gosford 12 Hour in January 2006, then followed it up at Coburg with a 24 Hour distance of 166 km to win the 24 Hour walk event and become Australian Centurion number 53. He is back again this year and will be a serious contender for yet another hundred.
30	HAWKSWORTH, Danny	14/03/2007	6H Run A	Danny is one of the world's most versatile athletes. He finished 10 th in the Double Decathlon World Championship in 2004 and finished 10 th in the 2006 Australian 20 km racewalking championship. He has a respectable PB of 2:43:13 for the

				marathon, set in Townsville in 2005 but is currently unproven at ultras. Running the 6 Hour event at Coburg will be a new challenge and I expect that Danny will not disappoint.
31	KINSHOFER, Rudolf	14/03/2007	24H Run	This SA based runner has run 100 km in 8:01 and 232 km in 24 hours (in our 1991 event here at Coburg) . He won the 24H Run in 2004 with a fine distance of 187.434 km and won the 2005 event with 192.909 km. He was entered for our event in 2006 but forced to withdraw in the leadup to the event. This year he has entered again and other competitors can expect a tough race with Rudi in the field.
32	BILLETT, David	14/03/2007	24H Run	David is an experienced ultra runner and walker. He came 4 th in the 2004 Coburg 24 Hour run category with a fine distance of 163.8 km (just over 100 miles). He has since improved that to 172 km. In 2005 he returned to Coburg as a walker and achieved Centurion status with a distance of 161.887 km. Then he completed his first Colac 6 day event with a fine 602 km. This year he has entered the 24H run. Good luck, David.
33	JACK, Clarrie	15/03/2007	12H Walk	Clarrie is one of Australia's most experienced ultra distance walkers, being Australian Centurion No 4 (1971 – 20:39:45). he also holds the Australian Open Record for the 50 mile walk with a time of 7:57:57, set in 1979. Still walks pretty well for an old bloke and will be hard to beat in the 12 Hour.
34	O'NEILL, Terry	15/03/2007	24H Walk	Terry is Australian Centurion 11, having completed his 100 mile walk in 21:13:08 in 1979. In last year's event, he reappeared after a long absence and walked the 100 km in 13:19:08, indicating that he has lost little of his fitness. This year he has had a more thorough preparation and we can expect to see an even better walk. Will he attain the 100 mile mark again?
35	BOLLEN, Karyn	15/03/2007	24H Walk	Successfully walked 100 miles in 24 hours in our 2002 event. Walked the 12 hour event in 2003, ran 141 km in 2004, walked 132 km in 2005 and 154.725 km in 2006. Is back for the walk again this year and will be looking for a further 100 mile finish.
36	McCORMICK, Richard	16/03/2007	24H Run	Came second in the 12H run in 2005 with 90.4 km. Upped the ante in 2006 and completed his first 24 Hour event with a fine 129 km. Is back again this year for a repeat dose!
37	STAPLES, Alan	16/03/2007	24H Run	Alan competed successfully in the 2003 and 2004 and 2006 Coburg 24 Hour run events and has a best of 171.6 km. Returns again this year.
38	COLE, Daniel	19/03/2007	6H Run A	Has run the marathon in 3:22 and the 50 km distance in 4:20.
39	POORE, Alex	19/03/2007	6H Walk A	Alex is attempting his first ultra and sounds quite well prepared. We wish him all the best.
40	ATTRILL, David	20/03/2007	24H Walk	David came 4 th in the 2007 Gosford Classic 12 Hour walk with 81.21 km and has a best 12H walk distance of 85.54 km. He should be a serious contender over the 24H Walk in his first such event.
41	LANG, Coran	20/03/2007	24H Run	Coran ran a very respectable 3:09 for the 2006 Melbourne Marathon and has now switched his training for his first ultra. And he is aiming for the 24H straight off. Go for it Coran.
42	YOUNG, Shirley	22/03/2007	6H Run B	A multiple age group world record holder. Ran 176 km in 24 hours in our 2000 event at age 70. Now content to run the shorter distances! A marvel at 77 years of age.
43	CARSON, Max	22/03/2007	12H Run	Max has best distances of 121 km (24H), 116 km (12H) and 72 km (6 Hours) and came 2 nd in our 6H run last year. Has entered the 12H run this year and will be fighting out the final placings.
44	LOVELL, Andrew	23/03/2007	6H Run A	Has done 3:16 for the marathon so has the credentials to do a very good 6 hour run in what will be his first ultra.
45	KENNEDY, Paul	23/03/2007	6H Walk A	Paul has been one of our top Victorian shorter distance race walkers for many years now and will finally, at 50 years of age, be doing his first 6 hour walk. It's taken a while! Good luck Paul.
46	TIMMS, John	23/03/2007	24H Run	Very experienced runner at all distances from 24 hours to 1000 miles! Best 24 Hour run of 170.7 km (1994). Regular Colac 6 Day runner and a regular supporter of our Coburg event.
47	SCHWEBEL, Ron	23/03/2007	24H Run	Ron came 4 th in the 2007 Gosford Coastal Classic 12H Run with a fine 114 km and now moves up to challenge the 24H distance. A real dark horse.
48	OHLENROTT, Bruce	23/03/2007	24H	Moved up to the 24 H Run category in 2006 after competing 3

		Run	6H events and 3 12H events. Has a best of 88 km in 12 hours so should achieve a good distance in the longer event, especially with the experience of last year behind him.
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24 Hour Run	BILLETT, David BOYCE, Robert COOK, Kim EVERY, Paul FRYER, Martin GRAY, Peter KINSHOFER, Rudolf LANG, Coran LOLAI, Lawrie MARSH, Trevor MATCHETT, Ken McCORMICK, Richard McPHEE, Jevvan OHLENROTT, Bruce SCHWEBEL, Ron STAPLES, Alan TIMMS, John WISE, Garry	EARLE, Lee	18 / 1 = 19
12H Run	BROOKS, Colin CARSON, Max HARTLEY, Ernie JONES, David		4 / 0 = 0
6H Run Heat A	COLE, Daniel LOVELL, Andrew	BROWN, Sue BENNETTS, Karen	2 / 2 = 4
6H Run Heat B	HAWKSWORTH, Danny	YOUNG, Shirley	1 / 1 = 2

24 Hour Walk	ATTRILL, David COMMINS, Louis FISHER, Pat HAIN, Geoff O'NEILL, Terry SKINNER, Deryck SKRUCANY, Rudolf WEBBER, Bruce	BOLLEN, Karyn CHOMYN, Sharon COX, Catherine	8 / 3 = 11
12H Walk	CARTER, Ken JACK, Clarrie JACKSON, Ross JORDAN, Steve	CHESTERTON, Val	4 / 1 = 5
6H Walk Heat A	KENNEDY, Paul POORE, Alex WHYTE, Robin		3 / 0 = 3
6H Walk Heat B			